



Cheryl Newman M.D.
Family Medicine

Adult History

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Name _____ Age: _____ D.O.B. ____/____/____

Most recent Primary Care Provider: _____

Health History

Please list all current medical problems:

Please list ALL of the medications you take on a regular basis:

(Please include prescription drugs, home remedies, over-the-counter medications, allergy or cold pills, laxatives, and vitamins. If you do not have enough room, please use another sheet of paper.)

Name	Dose (mg or # of pills)	How many times a day?
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Are you allergic to any medications? _____ Reaction? _____

Are you allergic to anything else? _____

Please list all of the other doctors you see. Please include dentists, eye doctors, chiropractors, specialists, counselors, podiatrists, acupuncturists, etc.

Please list all surgeries, hospitalizations and procedures.

Reason	Date (or age)	Doctor	Hospital
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Family History

Were you adopted? Y N

Parents:

Father: birth year _____ Medical problems: _____

Alive? Y N Cause of death: _____ Age (now or at death) _____

Mother: birth year _____ Medical problems: _____

Alive? Y N Cause of death: _____ Age (now or at death) _____

Siblings: None _____

Please list your **siblings**, along with their **birth year**, any **medical problems** (and if deceased, their age at that time)

Children: None _____

Please list your **children**, along with their **birth year**, any **medical problems** (and if deceased, their age at that time)

Grandparents:

Mother's Mother: birth year _____ Medical problems: _____

Alive? Y N Cause of death: _____ Age (now or at death) _____

Mother's Father: birth year _____ Medical problems: _____

Alive? Y N Cause of death: _____ Age (now or at death) _____

Father's Mother: birth year _____ Medical problems: _____

Alive? Y N Cause of death: _____ Age (now or at death) _____

Father's Father: birth year _____ Medical problems: _____

Alive? Y N Cause of death: _____ Age (now or at death) _____

Any close relatives with: Breast Cancer Colon Cancer Skin Cancer
 Prostate Cancer Ovarian Cancer Heart Disease
 Lung Cancer Diabetes Asthma or Emphysema
 None of these

Do any other diseases run in the family? _____

Habits

Y N Have you ever used tobacco?

If Yes: Do you use tobacco now? Y N If not, quit date? _____

How long have/had you smoked for? _____

How much? _____ per day

Which type: Cigarettes? Cigars? Pipe? Chew? Other? _____

Y N Have you ever used street drugs?

Y N Are you currently using any street drugs?

Y N Have you ever felt the need to cut down on your drinking or drug use?

Y N Have you ever not been able to remember things that happened while you were drinking or using drugs?

Y N As a result of drinking or drug use, have things happened that you wish had not happened?

Y N In the last year have you drunk or used drugs more than you meant to?

Y N Have you ever injected (shot up) drugs?

How many alcoholic beverages do you consume weekly?

Beer _____/wk Wine _____/wk Liquor _____/wk

How much caffeine do you drink?

Coffee _____ cups/day Tea _____ cups/day Soft drinks _____/day

Are you: Overweight Underweight About Right

What do you do for exercise? _____

How many days a week? _____ For how many minutes a day? _____

Are you on a special diet? _____

Educational / Occupational History

Highest grade in school completed or degree: _____

Current occupation? _____ Student Retired

Employed by (now, or last if retired): _____

How long there? _____

Y N Have you ever had a job which involved exposure to

Hazardous Chemicals or Radiation?

Are you disabled? Y N If yes, by what? _____

Have you been in the Military? _____

Life / Situational History

Birth Place: _____

Where did you grow up: _____

What is your Religion: _____

Marital Status: Single Married Partnered Divorced
 Widowed Separated

If ever married – how many times? _____

Are you sexually attracted to: Men Women Both

Please list *everyone* living in your household:

Name	Relationship (if any)	Age	Occupation
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Have you been immunized against: Hepatitis B (3 shots) Pneumonia Influenza
 Tetanus Zoster/Shingles HPV Meningitis

Date of Last Tetanus shot: _____

Do you drive? Y N

Do you use: Glasses Hearing Aide Cane/Walker Dentures None

Signature: _____ Date: _____